

## Appendix 2

### Public Health Data and Performance for South Kent Coast Health and Well Being Board : June 2015

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1. **The life expectancy gap** (death under the age of 75 years old) within South Kent Coast is lower than the average GAP in Kent. This masks the large gap between South Kent Coast and Kent, as SKC on of the most deprived Health and Well Being Board areas in Kent. However this data shows that there has been an improvement in Female life expectancy in Dover but health inequalities for men in Dover have increased from 2011-2013. Shapway's health inequalities have remained stable in that time frame (Table 1).

**Health Inequalities and Public Health Collaborative work with South Kent Coast CCG** on the health inequalities agenda continues. Two pilots are in the planning stages. One targets three GP practices serving areas of deprivation in Shepway and will entail having a health trainer based in the practices to work with their clients with the greatest need. A second pilot will focus on reducing inappropriate A&E admissions. Health Trainers are also playing a key part in the Shepway Physical Activity Pilot by identifying eligible clients and supporting them to access the scheme. A Health Trainer regularly attends the Folkestone Road Community Hub and new links are being forged following a health and wellbeing event at Emmaus Dover – a community for the homeless. Health Trainers also attended events at Job Centre Plus, Carers' Support, Turning Point, East Kent Housing and Town & Country Housing (Table 4).

**Table 1: Life Expectancy Gap and Trends 2002-2013**

		2002-04	2003-05	2004-06	2005-07	2006-08	2007-09	2008-10	2009-11	2010-12	2011-13	
Life expectancy gap between least and most deprived 10% wards for Females (years)	Kent	4.0	4.8	4.8	5.0	4.4	4.5	4.2	4.7	4.8	5.1	
	Dover	3.2	3.9	3.0	3.7	2.5	1.6	2.0	1.8	3.1	2.2	
	Shepway	5.2	4.9	6.3	5.9	5.6	6.5	5.8	5.1	3.2	3.4	
Life expectancy gap between least and most deprived 10% wards for Males (years)	Kent	7.8	7.6	7.8	8.0	7.7	8.0	7.8	7.8	7.1	7.1	
	Dover	6.0	6.1	6.1	8.6	7.1	7.2	5.6	6.3	5.8	6.6	
	Shepway	7.9	7.3	9.5	9.0	8.2	7.2	6.7	7.3	6.6	5.6	

2. **NHS Vascular Disease Health Checks** are one mechanism to prevent and assertively prevent long term conditions in people over 40 years old. The new Director of Public Health for Kent, Andy Scott Clark has also suggested areas of deprivation consider inviting people aged 30+ because in areas of deprivation, people have shorter 'healthy life years'. In South Kent Coast Vascular Checks are conducted in pharmacies and by GPs. South Kent Coast have made significant improvements from 34% of the eligible population in 2013/14 to 47% (just under target) in 2014/15.

Table 2: Health Check Uptake

		2013/14	2014/15	2015/16	
<b>Number of eligible population aged 40-74 years old receiving an NHS Health Check</b> (where a check can be allocated back to a GP Practice) <b>50% target</b>	SKC estimated eligible Population	13,554	12,999	12,211	
	SKC Number of checks received	4,558 (34%)	6,162 (47%)	307* (3%)	*April only

Health Check		Rolling 12 months				
		to Mar 14	to Jun 14	to Sept 14	to Dec 14	to Mar 15
Kent	Eligible Population	91,241	90,097	90,097	90,097	90,097
	Invites sent	93,454	111,017	134,909	126,248	107,030
	Checks Received	32,924	36,543	41,071	46,155	45,623*
	% of eligible population receiving a check	36%	41%	46%	51%	51%
SKC CCG	Eligible Population	13,554	12,999	12,999	12,999	12,999
	Invites sent	10,819	11,014	14,516	15,390	13,773
	Checks Received	4,558	4,437	4,824	5,426	6,162**
	% of eligible population receiving a check	34%	34%	37%	42%	47%

**Action: CCG action on CVD and COPD, Healthier South Kent Coast Action on Vascular Disease Prevention and Proactive Care pilots in locality hubs. Health Checks**

- The Healthy Weight Childhood Obesity** measuring programme is delivered by school nurse teams (KCHFT). The latest figures show that there is slight reduction across Dover and Shepway in both age cohorts.

Table 3: Childhood Obesity : Measurement

		2006/07	2007/08	2008/09	2009/10	2010/11	2011/12	2012/13	2013/14	
Excess weight in 4-5 year olds (via NCMP)	Dover	25.5%	22.7%	23.8%	24.9%	23.4%	22.1%	21.5%	20.7%	
	Shepway	22.3%	25.0%	20.9%	21.8%	22.2%	22.4%	23.2%	22.2%	
Excess weight in 10-11 year olds (via NCMP)	Dover	29.3%	31.8%	30.8%	31.2%	37.3%	35.5%	34.2%	31.5%	
	Shepway	31.9%	32.9%	32.3%	37.1%	34.8%	34.4%	35.4%	34.0%	
RAG against National										

**Action: Link to schools and Sports and activity opportunities via COG & Healthier South Kent Coast.**

#### 4. Health Trainers

Health Trainers are locally recruited 'health coaches' that work in communities and support agencies to deliver personalised health improvement outcomes to people in need. There has been an increase of new clients taken on in South Kent Coast in 2014/15 (Table 4). It is important that they are deployed in the most deprived areas in order to achieve the health inequalities targets and recently joint work between public health and CCG has enabled the Folkestone Central Hub to be targeted. However more targeted work is needed.

Table 4: Health Trainers

		2013/14				2014/15			
		Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4
Health Trainer Service - 2015/16 target of 62% of new clients from the 2 most deprived quintiles	Number of new clients	78	136	120	122	113	113	142	208
	No. of unregistered new clients helped to register with GP	≤5	≤5	21	≤5	7	≤5	8	≤5
	% of new clients from deprived Quintiles 1&2	69%	73%	79%	78%	60%	71%	77%	55%

**Action: To deploy HT in most deprived areas in Dover as well as Folkestone.**

## 5. Sexual Health

Sexual Health services are provided by KCHFT via an integrated 'hub and spoke' model, this means that HIV and GUM are provided both in hospital and community settings. Primary Care is also contracted to provide some contraceptive services.

The ability of the service to detect Chlamydia is currently below the national target.

Table 5 Chlamydia Screening 2013-2015

Chlamydia Screening Programme (national target of 2,300 per 100,000)		2013/14				2014/15	
		Q1*	Q2*	Q3	Q4	Q1	Q2
Dover	Number of tests	427	708	742	744	607	599
	% positive for Chlamydia	2.6%	4.7%	5.0%	8.6%	7.2%	7.3%
	Positivity rate per 100,000	341	1,025	1,149	1,987	1,366	1,366
Shepway	Number of tests	1,508	1,223	761	742	632	639
	% positive for Chlamydia	6.6%	7.2%	7.4%	6.5%	5.1%	7.8%
	Positivity rate per 100,000	3,163	2,783	1,771	1,518	1,012	1,581

\* please note that due to coding practices around missing postcode data, unknown tests were allocated to Shepway as the location of the screening office in East Kent; this was rectified in during 2014/15 and affected Dover in Q1 and Q2 2013/14.

Both Dover and Shepway have made improvements in reducing their teenage conception rates from 2012 to 2013. Both areas have hotspots and all partners need to continue to work together to ensure Improvements continue (Table 6).

Table 6 Teenage Conceptions 2008-2013

		Ashford	Canterbury	Dartford	Dover	Gravesham	Maidstone	Sevenoaks	Shepway	Swale	Thanet	T&M	T.Wells	Kent
Under 18 conception rate per 1,000 - RAG against National (Source: PHOF)	2008	34.0	32.1	28.6	35.6	46.1	36.8	23.5	44.2	47.5	54.8	25.4	27.2	36.5
	2009	39.4	29.7	37.5	38.0	32.6	31.4	21.1	38.7	44.8	48.5	29.1	18.7	34.1
	2010	35.2	26.3	29.9	38.1	37.3	39.0	17.8	45.2	39.7	59.6	32.0	15.4	34.6
	2011	29.9	26.4	27.9	39.1	33.5	32.4	22.3	33.7	41.2	45.6	21.8	19.1	31.0
	2012	23.9	20.6	32.4	31.6	29.7	19.2	16.6	27.8	35.6	36.1	26.1	13.5	25.9
	2013	23.5	21.8	19.5	30.3	26.3	15.6	13.7	25.8	27.4	35.6	22.8	13.8	22.9

Source( PHOF 2015)

**Action: Public Health to work closely with local partners to find solutions to improve.**

## 6. Smoking in Pregnancy

The responsibility for this data and target lies with the Midwifery and Health Visiting Services provided by KCHFT. Although there appear to have been some improvements here – there are still too many women who are smoking tobacco at the time of delivery. This is harmful to both them and their newborn and is a case for concern for maternity services.

Table 7 Maternal Smoking 2014/15

		Ashford CCG	C&C CCG	DGS CCG	SKC CCG	Swale CCG	Thanet CCG	WK CCG	Kent	Kent numbers
Smoking status at time of delivery - RAG against National	Q1 13/14	13.9%	15.4%	12.3%	18.7%	26.8%	17.0%	7.5%	13.6%	558
	Q2 13/14	10.2%	12.6%	11.2%	15.2%	26.1%	17.0%	9.6%	12.8%	536
	Q3 13/14	9.0%	13.7%	15.0%	15.2%	9.1%	16.7%	9.7%	12.5%	493
	Q4 13/14	10.0%	9.5%	13.6%	14.6%	20.6%	17.2%	10.9%	13.1%	524
	Q1 14/15	10.1%	8.6%	14.9%	13.8%	17.4%	18.8%	9.4%	12.6%	534
	Q2 14/15	12.9%	5.6%	13.2%	18.0%	22.9%	17.1%	9.2%	12.8%	543

**Action: CCG and PH to work with KCHFT to improve performance. Partners to develop strategies to support pregnant women to quit smoking.**

## 7. Mental Well Being in South Kent Coast

The Public health programme for South Kent Coast consists of:

- Access to Mental Health First Aid Training
- 6 Ways to Well Being Hubs in Libraries
- Community and Primary Care Well Being (Core Offer)
- Men's Sheds. (men's community programmes).
- Asset's development research
- Primary Care Mental Health Link Works
- Youth Arts and Well Being Programmes (re self harm prevention)
- Live it Well Website (sign posting) [www.livitwell.org](http://www.livitwell.org)
- Mental health matters 24 hour phone line

The whole programme is being currently evaluated and is one of the few funded programmes for mental health promotion in country. The overall funding is small (average 50p per head of Kent population) and is geared toward suicide prevention. South Kent Coast (along with Thanet) is highest HWWB area for suicides in Kent. This programme will be presented to the HWWB in a more focused way later in the year. This report brings a performance table of the 2014/15 Primary Care Link Worker Service (Table 9). All the performance indicators are encouraging, GP visits are reduced and mental well being is increased in patients seen by the service.

Table 9 Primary Care Mental Health Link Workers in South Kent Coast

		Q1 2014/1 5	Q2 2014/1 5	Q3 2014/1 5	Q4 2014/1 5
<b>PCC Linkworkers - South Kent Coast CCG</b>	<b>Sign up's to the service</b>	62	78	68	105
	<b>Closures to the service</b>	57	81	67	104
	<b>% with the departure reason of 'completed support programme'</b>	95%	98%	97%	94%
	<b>of those departing, providing outcomes at exit</b>	40	32	33	52
	Less GP visits	60%	69%	36%	29%
	Increased physical activity	28%	25%	15%	15%
	Improved mental wellbeing	93%	84%	97%	87%
	Feels less isolated	80%	88%	88%	75%

## 8. Physical Activity & Healthy Weight

This is an area that is currently under scrutiny and development within Public Health Kent. The PH Department is extremely motivated to work closely with South Kent Coast Health and Well Being Board to assess how to commission this programme appropriately (see main Paper).

Currently data for the Healthy Weight Service and the Breastfeeding Service is Unavailable due to a number of data issues. We hope to share this data with you soon.

However there are a 22 Healthy Walks commissioned by the Public Health Budget in South Kent Coast, Dover and Shepway (Table 10).

Table 10 Health Walks in South Kent Coast

		<b>Full 13/14</b>	<b>Q1 2014/1 5</b>	<b>Q2 2014/1 5</b>	<b>Q3 2014/1 5</b>
<b>Health Walks - South Kent Coast CCG</b>	Number of walk sites	19	<b>unavailable</b>	22	22
	Number of walks available	812		264	259
	No.of walk leaders supported	56		50	56
	% of walkers from 2 most deprived quintiles	26%		28%	44%
	Number of Walkers	480		343	389
	Walker attendances	10,100		3,025	2,615
	Walking hours	12,765		3,249	2,883